



OUTSIDE ISSUES

It has been brought to our attention that there have been references to political issues at the meeting level. Please remember our Fifth Tradition, **“Each group has but one primary purpose - to carry its message to the compulsive eater who still suffers”**.

In addition, our Tenth Tradition, **“Compulsive Eaters Anonymous-HOW has no opinion on outside issues; hence the CEA-HOW name out never be drawn into public controversy”**.

Tradition One, “Our common welfare should come first; personal recovery depends upon CEA-HOW unity.

When we include outside issues, including political references, in CEA-HOW meetings we are threatening the cohesion of the group and the identification of its members to the CEA-HOW message of relief and release from compulsive eating. In the spirit of the Traditions, this may also apply to after-meetings.

Pursuant to the Traditions, members who share keep to the subject at hand, avoiding outside issues, such as: religious creeds, other 12-step programs (except in passing), or outside literature or philosophies. Remain positive by offering experience, strength, and hope as it relates to CEA-HOW.

The format for all meetings include the following:

CEA-HOW is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and to carry the message of recovery to those who still suffer.

Compulsive Eaters Anonymous –HOW

World Service Office